



## - Competition Rules -

**Organization:**

Taekwondo Clube de Santo António dos Cavaleiros

**Event Director:**

Maria Emília Martins (+351.916886936)

**Coordinator:**

Paulo Jorge Martins (+351.912279394)

**Support:**

Portuguese Sport and Youth Institute – “Sport for All”  
Loures Town Hall  
Portuguese Taekwondo Centre  
Lisbon Taekwondo Association  
Portuguese Taekwondo Referee Association

**Referee:**

The referee head team – IR Paulo Martins.  
Electronic Scoring System with 5 Poomsae judges each area.  
International and national referees will be invited.

**Place:**

“Paz e Amizade” Sport hall  
Republic Avenue – Loures - Portugal  
GPS: 38º 49' 45" N – 9º 9' 54" W

**Date:**

2019 November 09

**Time Table:**

08h00 to 08h30 – Team check-in and accreditation.  
08h00 to 08h30 – Referee Meeting  
08h30 to 08h45 – Team Delegates Meeting  
09h00 to 18h30 – Kup and Dan Competition  
18h30 to 19h00 – Team Awards

**Participation:**

Only invited clubs, registration is limited.  
Open to all grades athletes, above 6 years old for Kup and Dan competitors.

**Equipment:**

It's mandatory the use of dobok (WT competition uniform) and respective graduation belt.  
Kup must use only white collar dobok, under penalty of direct disqualification.

**Official Kup Competition:**

Categories	Age	Limit Birth Year	Sub-Categories
Cadet	12 to 14 years	2005 - 2007	K1 / K2
Junior	15 to 17 years	2002 - 2004	K1 / K2
Under 30	18 to 30 years	1989 - 2001	K1 / K2
Under 40	31 to 40 years	1979 - 1988	K1 / K2
Under 50	41 to 50 years	1969 - 1978	K1 / K2
Over 51	51 or above	1968 and before	K1 / K2
2 <sup>nd</sup> Pair	12 to 17 years	2002 - 2007	without sub-categories
3 <sup>rd</sup> Pair	18 or above years	2001 and before	without sub-categories
2 <sup>nd</sup> Trio	12 to 17 years	2002 - 2007	without sub-categories
3 <sup>rd</sup> Trio	18 or above years	2001 and before	without sub-categories





**Non-Official Kup Competition (\*):**

Categories	Age	Limit Birth Year	Sub-Categories
Bambis	6 to 7 years	2012 - 2013	K1 / K2
Benjamin	8 to 9 years	2010 - 2011	K1 / K2
Infant	10 to 11 years	2008 - 2009	K1 / K2
1 <sup>st</sup> Pair	6 to 11 years	2008 - 2013	without sub-categories
1 <sup>st</sup> Trio	6 to 11 years	2008 - 2013	without sub-categories

(\* ) These categories do not give points for the overall team ranking.

Subcategories:

K1 – White belt to green with blue list belt (10 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)	
K2 – Blue belt to red with black list belt (4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)	

Kup special rules:

Athletes should choose 2 different Taegeuk for their performance (free choice)

Cut-off system; order by final classification (rank)

**Official Dan Competition:**

Categories	Age	Limit Birth Year
Cadet	12 to 14 years	2005 - 2007
Junior	15 to 17 years	2002 - 2004
Under 30	18 to 30 years	1989 - 2001
Under 40	31 to 40 years	1979 - 1988
Under 50	41 to 50 years	1969 - 1978
Under 60	51 to 60 years	1959 - 1968
Under 65	61 to 65 years	1954 - 1958
Over 65	66 years or above	1953 or before
Par Cadet	12 to 14 years	2005 - 2007
Par Junior	15 to 17 years	2002 - 2004
Par Under 30	18 to 30 years	1989 - 2001
Par Over 30	31 years or above	1988 or before
Trio Cadet	12 to 14 years	2005 - 2007
Trio Junior	15 to 17 years	2002 - 2004
Trio Under 30	18 to 30 years	1989 - 2001
Trio Over 30	31 years or above	1988 or before

**Non-Official Dan Competition (\*):**

Categories	Age	Limit Birth Year
Under 11 (*)	11 years or less	2008 or after

(\* ) This category does not give points for the overall team ranking.

Dan Special Rules:

Cut-off system for the 1<sup>st</sup> and 2<sup>nd</sup> round (SF and F):

Semi-final; 2 Poomsae (advancing the 8 contestants with the best classification)

Final; 2 Poomsae

All compulsory Poomsae will be announced 1 week before the competition will be held (2<sup>nd</sup> November).



**Designated Compulsory Poomsae by Category:**

Dan Categories	Compulsory Poomsae
Under 11 (*) Cadet / Pair Cadet / Trio Cadet	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang
Junior / Junior Pair / Junior Trio	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang, Taebaek
Under 30 / Under 40 Under 30 Pair and Under 30 Trio	Taegeuk 6, 7, 8 Chang Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Under 50 Over 30 Pair / Over 30 Trio	Taegeuk 8 Chang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Under 60 / Under 65 / Plus 65	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

**Deadline & Fees:**

Deadline	Category	Fee
Up until 26 <sup>th</sup> October	KUP	12€ each inscription
Up until 26 <sup>th</sup> October	DAN	25€ each inscription

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio).

There will be no tolerance regarding the deadlines mention ahead.

Inscriptions will be validated only after payment confirmation made by money order to TCSAC bank account with IBAN: **PT50.0033.0000.45431330214.05** SWIFT Code: **BCOMPTPL**

Online inscriptions in <https://www.martial.events/>

**Classifications:**

Individual / Pairs / Trios – Kup & Dan
1 <sup>st</sup> Place – 7 points
2 <sup>nd</sup> Place – 3 points
3 <sup>rd</sup> Place – 1 point

**Prizes:**

Individual / Pars / Trios – Kup & Dan
1 <sup>st</sup> Place – medal
2 <sup>nd</sup> Place – medal
3 <sup>rd</sup> Place – medal
3 <sup>rd</sup> Place – medal

The medals will be handed out on the podium just after the end of each category, with images collected.

TEAMS			
Female Kup	Male Kup	Female Dan	Male Dan
1 <sup>st</sup> Place – Trophy	1 <sup>st</sup> Place – Trophy	1 <sup>st</sup> Place – Trophy	1 <sup>st</sup> Place – Trophy
2 <sup>nd</sup> Place – Trophy	2 <sup>nd</sup> Place – Trophy	2 <sup>nd</sup> Place – Trophy	2 <sup>nd</sup> Place – Trophy
3 <sup>rd</sup> Place – Trophy	3 <sup>rd</sup> Place – Trophy	3 <sup>rd</sup> Place – Trophy	3 <sup>rd</sup> Place – Trophy

The trophies will be delivered on the podium at the end of the Open, with registration of images.

**Expenses and Medical Liability:**

All expenses and medical liability will be responsibility of the team.

The organization is not responsible for any physical damage that may occur.

The organization is not liable for property damage that occurred during competition.



**Protests:**

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to organization after publication of the judges scoring, in ten minutes, together with deposit of **100€** (not refundable). Regardless of decision of the organization is not subject to appeal.

**General Rules:**

Regulations may change, in this case information will be provided as soon as possible.

Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sport hall.

The contestants should act within the “Spirit of Taekwondo and Sports Ethics”. They will act with civility, under penalty of their teams being expelled from the competition.

Clubs to sign up for the Open, accept this regulation and authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.

**Omissions:**

If any missing / incongruity it will be solved by the Open’s Technical Committee and shall be definitive. The TC is composed by the Event’s Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee

Paulo Martins



### **RESPONSIBILITY DECLARATION**

The participation Club in the “4<sup>th</sup> TKDSAC Poomsae Open 2019” taking part in 09<sup>th</sup> November 2019, automatically understands and authorizes:

1. Understand and accept the above mentioned rules and regulations.
2. By registering the athletes through the represented Club, we confirm that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people. As well as the responsibility for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. Also have the responsibility to collect all the participation permits by the guardians of minor athletes.
6. Authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.